

Hajong Lee

Speech and Debate

Informative Speech

**General Purpose:** To inform

**Specific Purpose:** To inform the audience in my class about what JEST (Jungle Environment Survival Training) Camp in the Philippines is.

**Thesis:** JEST Camp is a camp in the Philippines where they teach and certify you on how to survive in the wild jungle by identifying different kinds of plants, gathering food and water, and making fire and shelter.

### **Introduction**

- I. I remember a time when I was at a beach with a friend and behind the shore was a jungle beyond the sand and the water.
  - A. The crazy, adventurous side of us drove us to hike deep into the jungle, losing track of time and place.
  - B. We were lost big time.
  - C. After a couple of futile hours trying to get back to shore, my friend tripped over a vine and made a deep cut a few inches long along the top of his foot.
  - D. It started to get infected really fast; red, swollen, and very hot.
  - E. We both started to panic as it became difficult for him to walk because of the immense pain that shot up his left leg as pressure was applied to it with each step.
  - F. What would you have done if you were in my position?
- II. Knowing the basic principles on how to survive in the wild jungle can mean the difference between life and death on times most unexpected for both you and me.
- III. Thankfully, I was not only a certified Emergency Responder in First Aid/AED/CPR at that time but also a holder of JEST Camp Certification.
  - A. I knew how to treat someone in an emergency, provided I had the right tools and means but in a wild jungle, that was a different story.
  - B. But with my JEST Camp Certification, the wild jungle was no problem either.
- IV. This is why I want to tell you about JEST, Jungle Environment Survival Training Camp in the Philippines, where they teach and certify you how to survive in the wild jungle by identifying different kinds of plants, gathering food and water, and making fire and shelter.

(Transition: Let me begin by giving you a quick overview of what JEST is.)

## Body

- I. The basic gist of what JEST Camp does is with a group of people who have never taken the course before as well, you go out into the wild, wet and dirty, jungle with just a bolo, more commonly known as a machete. (Show visual of JEST logo with a machete.)
  - A. With only a machete in your hand and some rugged clothes, the group leader, who is trained and a licensed instructor, will lead you into the lost.
  - B. There, in the lost, you will learn from the instructor how identify plants that are medicine, good for food, or for fire.
  - C. The only source of food and water will be from wild plants and animals.
  - D. And finally, you will have to make shelter and fire from scratch to survive the night.

(Transition: So first off, identifying the different kinds of plants.)

- II. When you begin to walk into the jungle, the first thing you notice is how many plants there are all around you. (Show visual of plant foliage.)
  - A. The instructor will first teach you how to identify eatable plants.
    1. He will show you which plants are safe to eat and the minute differences between food and poison.
    2. You will be able to tell the difference between a young sprout that is edible and an aged one of the same plant that cannot be eaten. (Show visual: the young and old plants)
  - B. You will then learn which plants have medicinal properties.
    1. He will teach you how to apply the plant's extract and oil correctly.
    2. You will also learn what its effects are, how long they should be applied and in what method.
  - C. Lastly, you learn how to identify the plants that are necessary for making fire.
    1. He will show you which trees are used for the wood and which contains flammable oil inside their trunks. (Show visual of oil seeping out from trunk.)
    2. You will be able to identify which tree branches to use for kindling for fire.

(Transition: After you've learned about plants and gathered enough in a bag that's also made of plant leaves, you will need food and water.)

- III. To find food and water, just like the plants you collected, it will all be found from the wild.
  - A. Food will come from the wild animals, like bats, frogs, and snails. (Show visual of the animals.)
    1. Because both bats and frogs are nocturnal animals, you will catch them from the trees and beside the river during the day when they are asleep.

2. I remember frogs' legs tasting the best, much like the taste of chicken.

B. As for water, it will mostly come from the water vines, where he will show you how to identify and cut it in a way to get the water flowing. (Show visual of water vine.)

(Transition: Now that you have the food and plants to eat, you learn how to cook them over fire in your built shelter.)

IV. First, he teaches you how to make fire with the collected branches, oil, and kindling for fire by showing you how to set it up, where to rub, and when to blow. (Show visual of the setup.)

A. Once the fire is set, he will walk you through the steps on how to build the apparatus to cook your food.

B. Then finally, you build a tent together with your team for you to sleep the night in.

(Transition: With that, you earn your JEST Camp certification and many benefits to your well being.)

### **Conclusion**

I. As you can see, through this vigorous camp, you learn not only how to survive in the wild with only a knife by gathering plants that are food and medicine, hunting your own food, and building your own fire and shelter, but you also learn how to work in a team, face your fears, and take on very difficult challenges. (Show visual of certification).

II. Let me go back to the story I told you earlier.

A. My friend almost came to the point he could no longer walk.

B. Thankfully, I was able to identify some plants that I had learned from my JEST certification that actually reduced his swelling and pain significantly, enough for him to walk again.

C. We finally made our way back safe to our home base.

III. What if this happened to you, either the friend or me in the story?

A. Perhaps the next time you visit the Philippines, you will consider getting this certification.

### **Works Cited**

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